



FOR IMMEDIATE RELEASE

Friday, August 20th, 2010

New local food event during the Limestone City Blues Festival - HOMEGROWN BLUESFOOD!

This year, for the first time ever, Kingston Chefs are going southern style! **HOMEGROWN BLUESFOOD** is the newest, and tastiest, addition to Kingston's **Limestone City Blues Festival** which runs August 26, 27, 28 & 29. During the Blues Festival, 12 of Downtown Kingston's best restaurants will take the flavours of Kingston's countryside and create locally sourced "*southern*" **style dinner menus**. Pulled pork, apple smoked ribs, and fresh local grilled corn, are just some of the *southern comfort foods* sure to steal the spotlight during this year's Blues event! Corresponding

Participating restaurants include:

- **Amadeus Café** – 170 Princess St. www.amadeuscafe.ca
- **Aqua Terra Restaubistro By Clark** - 1 Johnson St. www.aquaterrabyclark.com
- **Aroma Resto & Wine Bar**- 248 Ontario St. www.aromawinebar.com
- **Atomica** - 71 Brock St. www.atomica.ca
- **Dox Restaurant @ the Holiday Inn Waterfront** – 2 Princess St. www.doxrestaurant.com
- **Fanatics** - 371 Princess St. www.fanaticssportslounge.com
- **The Iron Duke** – 207 Wellington St. www.ironduke.ca
- **Le Chien Noir Bistro** - 69 Brock St. www.lechiennoir.com
- **Olivea** - 39 Brock St. www.olivea.ca
- **King Street Sizzle** - 285 King St. East www.kingstreetsizzle.com
- **Tango** - 331 King St. East www.thetango.ca
- **Windmills** - 184 Princess St. www.windmills-café.com

Hosted by the Local Food Local Chefs Initiative, **HOMEGROWN BLUESFOOD** will showcase the quality of food produced by the region's farmers and the high caliber talent of Kingston Chefs, while celebrating Blues culture and cuisine. All participating restaurants will offer their locally sourced "*southern*" style dinner menus from 5pm daily during the four days of the Blues Festival. Price range varies on a per restaurant basis.

The Limestone City Blues Festival presents more than a dozen participating venues with more than 50 high caliber shows (=over 100 hours of programming). Bracelets are now on sale for \$10 at several Kingston locations. For more information on bracelet sale locations and the Blues Festival please visit www.kingstonblues.com.

For more information on the Local Food Local Chefs Initiative or on Kingston's local restaurants visit www.kingstonfood.ca.

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