



FOR IMMEDIATE RELEASE

TUESDAY, JANUARY 26, 2010

KINGSTON KNIGHTS VS. OTTAWA BARBARIANS SLEDGE HOCKEY GAME

This year the sledge hockey portion of Feb Fest is going to be extra exciting as the Kingston Knights sledge hockey team hosts the Ottawa Barbarians for a 4 on 4 exhibition game. The game is set to start at 7:30pm on Thursday, February 4th on the ice at Springer Market Square.

Sledge hockey is a fast-paced, full contact, and intense sport that mirrors traditional hockey. The rules are exactly the same as regular hockey— except skates! These athletes move across the ice on sledges (a narrow platform with skate blades attached to the bottom) with incredible speed and agility using two specially constructed hockey sticks that have picks on one end and blades on the other.

To kick off the game, members of the Algonquin Nation will be welcoming the visiting team to Kingston with greetings and a wish for their safe journey home. This will happen directly before the start of the game with a formal welcome and thanksgiving prayer.

Sledge Hockey is one of the most popular events in the Paralympic Games and many players from both teams competed at the recent Ontario Parasport Winter Games right here in Kingston.

Feb Fest runs from February 1st through the 7th. Check out www.febfestkingston.com for a full listing of events.

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For more information contact:

*Alex Amodeo – Projects Manager Marketing
Downtown Kingston! BIA
613.542.8677
alex@downtownkingston.ca*

*Richard Cox
Kingston Knights Sledge Hockey Team
613.544.1424*

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