

**DOWNTOWN KINGSTON!
IT'S THE REAL DEAL**



FOR IMMEDIATE RELEASE

WEDNESDAY, JANUARY 27, 2010

SPICE UP FEB FEST THIS YEAR WITH KINGSTON'S FIRST WINTER LOCAL FOOD EVENT!

This year for the first time ever Feb Fest will include a winter local food event – **A Toast to Tapas!** Starting Monday, February 1st and running through to Sunday, February 7th stop into one of the thirteen participating Downtown Kingston! restaurants between 3pm-6pm daily to enjoy locally sourced tapas masterfully paired with local wine or beer for the delicious price of **\$7.95**.

Participating restaurants include:

- **Aqua Terra Restaubistro By Clark** - 1 Johnson St. www.aquaterrabyclark.com
- **Aroma Resto & Wine Bar**- 248 Ontario St. www.aromawinebar.com
- **Atomica** - 71 Brock St. www.atomica.ca
- **Chez Piggy** - 68R Princess St. www.chezpiggy.com
- **Fanatics** - 371 Princess St. www.fanaticssportslounge.com
- **Le Chien Noir Bistro** - 69 Brock St. www.lechiennoir.com
- **Olivea** - 39 Brock St. www.olivea.ca
- **Sima Sushi** - 66 Princess St.
- **King Street Sizzle** - 285 King St. East www.kingstreetsizzle.com
- **Tango** - 331 King St. East www.thetango.ca
- **The Toucan** - 76 Princess St. www.thetoucan.ca
- **Windmills Casual Fine Dining** - 184 Princess St. www.windmills-café.com
- **WJ's Bistro Café** - 237 Ontario St. www.confederationplace.com

Winter is a time of year that many people see as a challenge to eating locally however, this event will showcase the variety of local food available in the winter and inspire Kingstonians to eat locally all year long!

Hosted by the new Local Food Local Chefs Initiative, A Toast to Tapas will showcase the quality of food and drink produced by the region's farmers and vintners as well as the high caliber talent of Kingston Chefs.

Mark your calendars! Feb Fest starts Monday, February 1st and will carry on through Sunday, February 7th. Stop in for a local tasting experience before some of the many concerts, hockey games and outdoor shows & activities happening during the week of Feb Fest! Check out www.febfestkingston.com for a Toast to Tapas map and brochure as well as a full listing of Feb Fest events.

For more information on the Local Food Local Chefs Initiative or on Kingston's local restaurants visit www.kingstonfood.ca.

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